

HOW ARE YOU? WHAT'S GROWING IN YOUR GARDEN?

How are you feeling about your physical space?
What clutter needs to be cleared out?

How are you feeling about 2015?



How are you feeling about money and your financial health?

How are you feeling about your creative passions, gifts, or talents? Are you using them?

How are you feeling about your work?
(school, parenthood, a vocation)



How are you feeling physically?
(health, tension in your body, energy)

How are you feeling about the big picture and where you want to be when you're 80?

What are you most looking forward to growing in 2016?

How are you feeling about relationships?
(friendships, marriage, family)

